

**FRAMINGHAM RISK TABLES FOR MEN**

| Age                   | Point Score |       |       |       |       |       |       |       |       |                        |
|-----------------------|-------------|-------|-------|-------|-------|-------|-------|-------|-------|------------------------|
|                       | 20–34       | 35–39 | 40–44 | 45–49 | 50–54 | 55–59 | 60–64 | 65–69 | 70–74 | 75–79                  |
| Age points            | –9          | –4    | 0     | 3     | 6     | 8     | 10    | 11    | 12    | 13                     |
| <b>TC</b>             |             |       |       |       |       |       |       |       |       |                        |
| <160                  | 0           | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0                      |
| 160–199               | 4           | 4     | 3     | 3     | 2     | 2     | 1     | 1     | 0     | 0                      |
| 200–239               | 7           | 7     | 5     | 5     | 3     | 3     | 1     | 1     | 0     | 0                      |
| 240–279               | 9           | 9     | 6     | 6     | 4     | 4     | 2     | 2     | 1     | 1                      |
| ≥280                  | 11          | 11    | 8     | 8     | 5     | 5     | 3     | 3     | 1     | 1                      |
| <b>Smoking status</b> |             |       |       |       |       |       |       |       |       |                        |
| Nonsmoker             | 0           | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0     | 0                      |
| Smoker                | 8           | 8     | 5     | 5     | 3     | 3     | 1     | 1     | 1     | 1                      |
| <b>HDL</b>            |             |       |       |       |       |       |       |       |       |                        |
| 60                    |             |       |       |       |       | –1    |       |       |       |                        |
| 50–59                 |             |       |       |       |       | 0     |       |       |       |                        |
| 40–49                 |             |       |       |       |       | 1     |       |       |       |                        |
| <40                   |             |       |       |       |       | 2     |       |       |       |                        |
| <b>Systolic BP</b>    |             |       |       |       |       |       |       |       |       |                        |
| <120                  |             |       |       |       |       |       |       |       |       | Untreated 0; treated 0 |
| 120–129               |             |       |       |       |       |       |       |       |       | Untreated 0; treated 1 |
| 130–139               |             |       |       |       |       |       |       |       |       | Untreated 1; treated 2 |
| 140–159               |             |       |       |       |       |       |       |       |       | Untreated 1; treated 2 |
| ≥160                  |             |       |       |       |       |       |       |       |       | Untreated 2; treated 3 |

**POINTS** for 10-yr risk of MI or CAD death (%): < 0 points = < 1%; 0–4 points = 1%; 5–6 points = 2%; 7 points = 3%; 8 points = 4%; 9 points = 5%; 10 points = 6%; 11 points = 8%; 12 points = 10%; 13 points = 12%; 14 points = 16%; 15 points = 20%; 16 points = 25%; >17 points = ≥ 30%.

CAD = coronary artery disease; HDL = high density lipoprotein; TC = total cholesterol.

Data from the Third Report of the Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults. National Institutes of Health, National Heart, Lung, and Blood Institute, 2001.