

FRAMINGHAM RISK TABLES FOR WOMEN

	Point Score									
Age	20–34	35–39	40–44	45–49	50–54	55–59	60–64	65–69	70–74	75–79
Age points	–7	–3	0	3	6	8	10	12	14	16
TC										
<160	0	0	0	0	0	0	0	0	0	0
160–199	4	4	3	3	2	2	1	1	1	1
200–239	8	8	6	6	4	4	2	2	1	1
240–279	11	11	8	8	5	5	3	3	2	2
≥280	13	13	10	10	7	7	4	4	2	2
Smoking status										
Nonsmoker	0	0	0	0	0	0	0	0	0	0
Smoker	9	9	7	7	4	4	2	2	1	1
HDL										
60						–1				
50–59						0				
40–49						1				
<40						2				
Systolic BP										
<120										Untreated 0; treated 0
120–129										Untreated 1; treated 3
130–139										Untreated 2; treated 4
140–159										Untreated 3; treated 5
≥160										Untreated 4; treated 6

POINTS (10 yr risk of MI or CAD death %): < 9 points = < 1%; 9–12 points = 1%; 13–14 points = 2%; 15 points = 3%; 16 points = 4%; 17 points = 5%; 18 points = 6%; 19 points = 8%; 20 points = 11%; 21 points = 14%; 22 points = 17%; 23 points = 22%; 24 points = 27%; ≥ 25 points = ≥ 30%.

CAD = coronary artery disease; HDL = high density lipoprotein; TC = total cholesterol.

Data from the Third Report of the Expert Panel on Detection, Evaluation, and Treatment of High Blood Cholesterol in Adults. National Institutes of Health, National Heart, Lung, and Blood Institute, 2001.