

**Patient Information**  
**EMEND® (EE mend)**  
**(aprepitant) Capsules**

You should read this information before you take EMEND\*. Also, read the leaflet each time you refill your prescription, in case any information has changed. This leaflet provides only a summary of certain information about EMEND. Your doctor or pharmacist can give you an additional leaflet that is written for health professionals that contains more complete information. This leaflet does not take the place of careful discussions with your doctor. You and your doctor should discuss EMEND when you start taking your medicine.

### **What is EMEND?**

EMEND is an antiemetic medicine for use in adult patients. An antiemetic is a medicine used to prevent nausea and vomiting.

- EMEND is used to prevent nausea and vomiting caused by chemotherapy treatment. When used for this purpose, EMEND is always used WITH OTHER MEDICINES.
- EMEND is used to prevent nausea and vomiting caused by surgery.
- EMEND is not used to treat nausea and vomiting that you already have.

### **Who should not take EMEND?**

Do not take EMEND if you:

- are taking any of the following medicines\*\*:
  - ORAP® (pimozide)
  - SELDANE® (terfenadine)
  - HISMANAL® (astemizole)
  - PROPULSID® (cisapride)

Taking EMEND with these medicines could cause serious or life-threatening problems.

- are allergic to any of the ingredients in EMEND. The active ingredient is aprepitant. See the end of this leaflet for a list of all the ingredients in EMEND.

### **What should I tell my doctor before and during treatment with EMEND?**

Tell your doctor:

- if you are pregnant or plan to become pregnant. It is not known if EMEND can harm your unborn baby.
- if you are breast-feeding. It is not known if EMEND passes into your milk and if it can harm your baby.
- if you have liver problems.
- about all your medical problems.
- about all the medicines that you are taking or plan to take, prescription and nonprescription medicines, vitamins, and herbal supplements. EMEND may cause **serious life-threatening reactions** if used with certain medicines (see the section **Who should not take EMEND?**). Some medicines can affect EMEND. EMEND may also affect some medicines, including chemotherapy, causing them to work differently in your body.

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Your doctor may check to make sure your other medicines are working, after you have taken EMEND. Patients who take COUMADIN® (warfarin) may need to have blood tests after taking EMEND to check their blood clotting.

**Women who use birth control medicines during treatment with EMEND and for up to 1 month after using EMEND should also use a back-up method of contraception to avoid pregnancy.**

### **How should I take EMEND?**

- Take EMEND exactly as prescribed.
- EMEND (aprepitant) is a capsule that you swallow with a drink.

If you are a cancer patient, the recommended 3-day regimen includes :

- **Day 1:** one 125-mg capsule of EMEND (white/pink) by mouth 1 hour before you start your chemotherapy treatment;
- **AND**
- **Day 2 and Day 3:** one 80-mg capsule (white) by mouth of EMEND each morning for the 2 days following your chemotherapy treatment.

Your doctor may substitute EMEND (fosaprepitant dimeglumine) for Injection (115 mg) for EMEND (aprepitant) capsules (125 mg) 30 minutes prior to your chemotherapy treatment on Day 1 only. You still need to take one 80-mg capsule (white) of EMEND by mouth each morning for the 2 days following your chemotherapy treatment.

If you are a surgical patient, your doctor will give you a 40-mg capsule of EMEND before surgery.

EMEND may be taken with or without food. Follow your doctor's instructions about eating before surgery.

Do not start taking EMEND if you already have nausea and vomiting. Ask your doctor what to do.

If you take too much EMEND, call your doctor, local emergency room or poison control center right away.

### **What are the possible side effects of EMEND?**

In patients taking the 125 mg/80 mg regimen of EMEND to prevent nausea and vomiting caused by chemotherapy, the most common side effects are:

- tiredness
- nausea
- hiccups
- constipation
- diarrhea
- loss of appetite
- headache
- hair loss

In patients taking a single 40 mg dose of EMEND to prevent nausea and vomiting caused by surgery, the most common side effects are:

- constipation
- nausea
- itch
- fever

- low blood pressure
- headache

The following side effects have been reported in general use with EMEND:

- Allergic reactions, which may be serious, and may include hives, rash and itching and cause difficulty in breathing or swallowing. If you have an allergic reaction, stop taking EMEND and call your doctor right away.

These are not all of the possible side effects of EMEND. For further information ask your doctor or pharmacist. Talk to your doctor about any side effect that bothers you.

### **General information about the use of EMEND**

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use EMEND for a condition for which it was not prescribed. Do not give EMEND to other people, even if they have the same symptoms you have. It may harm them. Keep EMEND and all medicines out of the reach of children.

This leaflet summarizes the most important information about EMEND. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for information about EMEND that is written for health professionals.

### **What are the ingredients in EMEND?**

Active ingredient: aprepitant

Inactive ingredients: sucrose, microcrystalline cellulose, hydroxypropyl cellulose and sodium lauryl sulfate. The capsule shell excipients are gelatin, titanium dioxide, and may contain sodium lauryl sulfate and silicon dioxide. The 125-mg capsule shell also contains red ferric oxide and yellow ferric oxide. The 40-mg capsule shell also contains yellow ferric oxide.

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