

Patient Information
EMEND® (EE mend)
(aprepitant)
Capsules

Read the Patient Information that comes with EMEND before you take it and each time you refill your prescription. The information may have changed. This leaflet provides only a summary of certain information about EMEND. Your doctor or pharmacist can give you an additional leaflet that is written for health professionals that contains more complete information. This leaflet does not take the place of careful discussions with your doctor. You and your doctor should discuss EMEND when you start taking your medicine.

What is EMEND?

EMEND is a prescription medicine used in adults to prevent nausea and vomiting:

- caused by certain cancer chemotherapy medicines. When used for this purpose, EMEND is always used WITH OTHER MEDICINES.
- after surgery.

EMEND is not used to treat nausea and vomiting that you already have.

Who should not take EMEND?

Do not take EMEND if you:

- are taking any of the following medicines:
 - ORAP® (pimozide)
 - SELDANE® (terfenadine)
 - HISMANAL® (astemizole)
 - PROPULSID® (cisapride)

Taking EMEND with any of these medicines could cause serious or life-threatening problems.

- are allergic to any of the ingredients in EMEND. See the end of this leaflet for a list of all the ingredients in EMEND.

What should I tell my doctor before and during treatment with EMEND?

Tell your doctor about all your medical conditions, including if you:

- have liver problems
- are pregnant or plan to become pregnant. It is not known if EMEND can harm your unborn baby.

Women who use birth control medicines containing hormones to prevent pregnancy (these can include birth control pills, skin patches, implants, and certain IUDs) during treatment with EMEND and for up to 1 month after using EMEND should also use a back-up method of birth control to prevent pregnancy.

- are breast-feeding. It is not known if EMEND passes into your milk and if it can harm your baby.

Tell your doctor about all the medicines you are taking or plan to take, including prescription and nonprescription medicines, vitamins, and herbal supplements. EMEND may cause **serious life-**

threatening reactions if used with certain medicines (See the section “**Who should not take EMEND?**”).

Some medicines can affect EMEND. EMEND may also affect some medicines, including chemotherapy, causing them to work differently in your body.

Your doctor may check to make sure your other medicines are working correctly, while you are taking EMEND. People who take warfarin (COUMADIN[®], JANTOVEN[®]) may need to have blood tests after taking EMEND to check their blood clotting.

How should I take EMEND?

- Take EMEND exactly as prescribed
- If you take too much EMEND, call your doctor, local emergency department or poison control center right away.

If you are receiving cancer chemotherapy, EMEND is taken as 3 doses over 3 days- starting on the day you have chemotherapy, and the two days after chemotherapy. There are two ways that your doctor may prescribe EMEND for you:

1. Capsules of EMEND by mouth for all 3 doses:

- You should get a package that has three capsules of EMEND.
- **Day 1 (Day of chemotherapy):** Take one 125-mg capsule of EMEND (white and pink) by mouth 1 hour before you start your chemotherapy treatment.
- **Day 2 and Day 3 (the two days after chemotherapy):** Take one 80-mg capsule of EMEND (white) by mouth, each morning for the 2 days after your chemotherapy treatment.

Or

2. Intravenous (IV) injection in a vein the first day, then capsules by mouth on the two days after chemotherapy:

- **Day 1 (Day of chemotherapy):** EMEND will be given to you by intravenous (IV) injection in your vein 30 minutes before you start your chemotherapy treatment.
- You should get a package that has two capsules of EMEND.
- **Day 2 and Day 3 (the two days after chemotherapy):** Take one 80-mg capsule of EMEND (white) by mouth, each morning for the 2 days after your chemotherapy treatment.

If you are receiving chemotherapy, EMEND may be taken with or without food.

If you are having surgery:

Your doctor will prescribe a 40-mg capsule of EMEND for you before surgery. You take EMEND within three hours before surgery.

Follow your doctor’s instructions about restrictions on eating and drinking before surgery.

What are the possible side effects of EMEND?

EMEND may cause serious side effects, including

- Allergic reactions which may include hives, rash, itching and may cause you to have difficult breathing or swallowing. If you have an allergic reaction, stop taking EMEND and call your doctor right away.

In people taking EMEND to prevent nausea and vomiting caused by chemotherapy, the most common side effects are:

- tiredness
- nausea
- hiccups
- constipation
- diarrhea
- loss of appetite
- headache
- hair loss

In people taking EMEND to prevent nausea and vomiting after surgery, the most common side effects are:

- constipation
- nausea
- itch
- fever
- low blood pressure
- headache

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all of the possible side effects of EMEND. For more information ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

How should I store EMEND?

- Store EMEND at room temperature, between 68 and 77°F (20 and 25°C).
- **Keep EMEND and all medicines out of the reach of children.**

General information about the use of EMEND

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use EMEND for a condition for which it was not prescribed. Do not give EMEND to other people, even if they have the same symptoms you have. It may harm them. Keep EMEND and all medicines out of the reach of children.

This leaflet summarizes the most important information about EMEND. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for information about EMEND that is written for health professionals. For more information about EMEND call 1-800-622-4477 or go to www.emend.com.

What are the ingredients in EMEND?

Active ingredient: aprepitant

Inactive ingredients: sucrose, microcrystalline cellulose, hydroxypropyl cellulose and sodium lauryl sulfate. The capsule shell excipients are gelatin, titanium dioxide, and may contain sodium lauryl sulfate and silicon dioxide. The 125-mg capsule shell also contains red ferric oxide and yellow ferric oxide. The 40-mg capsule shell also contains yellow ferric oxide.

U.S. Patent Nos.: 5,145,684; 5,719,147; 6,048,859; 6,096,742; 6,235,735

The brands listed in the above sections “**Who should not take EMEND?**” and “**What should I tell my doctor before and during treatment with EMEND?**” are the registered trademarks of their respective owners and are not trademarks of Merck & Co., Inc.

EMEND® is a registered trademark of MERCK & CO., Inc.
COPYRIGHT © 2003, 2005, 2006 MERCK & CO., Inc.
All rights reserved.

Issued July 2009

MERCK & CO., Inc.
Whitehouse Station, NJ 08889, USA