

**Patient Information**  
**EMEND® (EE mend)**  
**(aprepitant)**  
**Capsules**

Read the Patient Information that comes with EMEND before you start taking it and each time you refill your prescription. There may be new information. This leaflet does not take the place of talking with your doctor about your medical condition or treatment.

**What is EMEND?**

EMEND is a prescription medicine used in adults to prevent nausea and vomiting:

- caused by certain anti-cancer (chemotherapy) medicines. When used for this purpose, EMEND is always used with other medicines.
- after surgery.

EMEND is not used to treat nausea and vomiting that you already have.

EMEND should not be used continuously for a long time (chronic use).

It is not known if EMEND is safe and effective in children.

**Who should not take EMEND?**

**Do not take EMEND if you:**

- are taking any of the following medicines:
  - ORAP® (pimozide)
  - SELDANE® (terfenadine)
  - HISMANAL® (astemizole)
  - PROPULSID® (cisapride)

Taking EMEND with any of these medicines could cause serious or life-threatening problems.

- are allergic to any of the ingredients in EMEND. See the end of this leaflet for a list of all the ingredients in EMEND.

**What should I tell my doctor before and during treatment with EMEND?**

**Before you take EMEND, tell your doctor if you:**

- have liver problems
- are pregnant or plan to become pregnant. It is not known if EMEND can harm your unborn baby.

Women who use birth control medicines containing hormones to prevent pregnancy (birth control pills, skin patches, implants, and certain IUDs) should also use a back-up method of birth control during treatment with EMEND and for up to 1 month after using EMEND to prevent pregnancy.

- are breast-feeding. It is not known if EMEND passes into your milk and if it can harm your baby.

**Tell your doctor about all the medicines you are taking or plan to take**, including prescription and non-prescription medicines, vitamins, and herbal supplements.

**EMEND may cause serious life-threatening reactions if used with certain medicines. See the section “Who should not take EMEND?”**

EMEND may affect how other medicines work, and other medicines may affect how EMEND works. Ask your doctor or pharmacist before you take any new medicine. They can tell you if it is safe to take the medicine with EMEND.

Know the medicines you take. Keep a list of them to show your doctor or pharmacist when you get a new medicine.

### How should I take EMEND?

- Take EMEND exactly as prescribed.
- If you take too much EMEND, call your doctor, local emergency department or poison control center right away.
- If you are receiving cancer chemotherapy, EMEND is taken as 3 doses over 3 days - starting on the day you have chemotherapy, and the two days after chemotherapy. There are two ways that your doctor may prescribe EMEND for you:

#### 1. Capsules of EMEND by mouth for all 3 doses:

- You should get a package that has three capsules of EMEND.
- Day 1 (Day of chemotherapy): Take one 125-mg capsule of EMEND (white and pink) by mouth 1 hour before you start your chemotherapy treatment;
- Day 2 and Day 3 (the two days after chemotherapy): Take one 80-mg capsule of EMEND (white) by mouth, each morning for the 2 days after your chemotherapy treatment.

Or

#### 2. Intravenous (IV) injection into a vein the first day, then capsules by mouth on the two days after chemotherapy:

- Day 1 (Day of chemotherapy): EMEND will be given to you by intravenous (IV) injection in your vein 30 minutes before you start your chemotherapy treatment.
- You should get a package that has two capsules of EMEND.
- Day 2 and Day 3 (the two days after chemotherapy): Take one 80-mg capsule of EMEND (white) by mouth, each morning for the 2 days after your chemotherapy treatment.
- If you are receiving chemotherapy, EMEND may be taken with or without food.
- If you are having surgery:
  - Your doctor will prescribe a 40-mg capsule of EMEND for you before surgery. You take EMEND within three hours before surgery.
  - Follow your doctor's instructions about restrictions on eating and drinking before surgery.
- If you take the blood thinner medicine warfarin sodium (COUMADIN®, JANTOVEN®), your doctor may do blood tests after you take EMEND to check your blood clotting.

### What are the possible side effects of EMEND?

EMEND may cause serious side effects, including:

- **Serious allergic reactions.** Allergic reactions can happen with EMEND and may be serious. Stop taking EMEND and call your doctor right away if you have any of these signs or symptoms of an allergic reaction:
  - hives

- rash
- itching
- trouble breathing or swallowing.
- Severe skin reactions may occur rarely.

In people taking EMEND to prevent nausea and vomiting caused by chemotherapy, the most common side effects of EMEND include:

- tiredness
- nausea
- hiccups
- constipation
- diarrhea
- loss of appetite
- headache
- hair loss

In people taking EMEND to prevent nausea and vomiting after surgery, the most common side effects are:

- constipation
- nausea
- itch
- fever
- low blood pressure
- headache

Tell your doctor if you have any side effect that bothers you or that does not go away. These are not all of the possible side effects of EMEND. For more information ask your doctor or pharmacist.

Call your doctor for medical advice about side effects. You may report side effects to FDA at 1-800-FDA-1088.

#### **How should I store EMEND?**

- Store EMEND at room temperature, between 68°F and 77°F (20°C and 25°C).
- **Keep EMEND and all medicines out of the reach of children.**

#### **General information about EMEND**

Medicines are sometimes prescribed for conditions that are not mentioned in patient information leaflets. Do not use EMEND for a condition for which it was not prescribed. Do not give EMEND to other people, even if they have the same symptoms you have. It may harm them.

This Patient Information leaflet summarizes the most important information about EMEND. If you would like to know more information, talk with your doctor. You can ask your doctor or pharmacist for information about EMEND that is written for health professionals. For more information about EMEND call 1-800-622-4477 or go to [www.emend.com](http://www.emend.com).

#### **What are the ingredients in EMEND?**

**Active ingredient:** aprepitant

**Inactive ingredients:** sucrose, microcrystalline cellulose, hydroxypropyl cellulose and sodium lauryl sulfate. The capsule shell excipients are gelatin, titanium dioxide, and may contain sodium lauryl sulfate

and silicon dioxide. The 125-mg capsule shell also contains red ferric oxide and yellow ferric oxide. The 40-mg capsule shell also contains yellow ferric oxide.

U.S. Patent Nos.: 5,145,684; 5,719,147; 6,048,859; 6,096,742; 6,235,735

The brands listed in the above sections “Who should not take EMEND?” and “What should I tell my doctor before and during treatment with EMEND?” are the registered trademarks of their respective owners and are not trademarks of Merck Sharp & Dohme Corp., a subsidiary of Merck & Co., Inc.

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